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GROWTH OF NILE TILAPIA (Oreochromis niloticus) FRY FED WITH COCONUT TESTA-CASSAVA BAGASSE MIXED SUBSTRATE FERMENTED BY Rhizopus oryzae

Pertumbuhan Anakan Ikan Nila (*Oreochromis niloticus*) yang Diberi Pakan Hasil Fermentasi Substrat Campuran Kulit Daging Buah Kelapa dan Onggok Singkong Menggunakan *Rhizopus oryzae*

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ABSTRACT

Utilization of agroindustrial byproduct as cheap raw materials for aquafeed was hampered by its poor nutritional value as well as high antinutrition content which could be overcome through fermentation. Coconut testa (CT) and cassava bagasse (CB) were mixed, and fermented by Rhizopus oryzae for preparing aquafeed. Subsequent feeding test was carried out on nile tilapia fry (Oreochromis niloticus L.) in 5 feeding treatments: one unfermented feed (commercial feed 100%), and the other four feeds produced by fermentation using substrate mixture of CT and CB in 4 different ratios, namely 100%:0%, 75%:25%, 50%:50%, and 25%:75%, respectively. Feeding 100% commercial feed (true protein 22.64% and crude fibre 14.67%) showed the best results on the fish growth with body weight gain of 3.96 g and feed conversion ratio of 8.63. Meanwhile, feeding fermented feeds (true protein 7.96-20.27% and crude fiber 14.14-18.47%) resulted in body weight gain in the range of 2.22 to 2.75 g with feed conversion ratio of 10.89 to 13.62. Thus, the fermented feeds promoted growth in tested tilapias albeit less optimally than commercial feed did.

Keywords: Rhizopus oryzae, Oreochromis niloticus, coconut testa, cassava bagasse, fermentation

ABSTRAK

Pemanfaatan hasil samping agroindustri sebagai bahan pakan ikan yang murah terkendala rendahnya nutrisi dan tingginya antinutrisi yang dapat diatasi melalui fermentasi. Dalam penelitian ini, kulit daging buah kelapa (KK) dan onggok singkong (OS) dicampur dengan perbandingan tertentu, selanjutnya difermentasikan menggunakan *Rhizopus oryzae* untuk pakan ikan. Uji pemberian pakan dilakukan pada anakan ikan nila (*Oreochromis niloticus* L.) dengan 5 perlakuan: satu perlakuan pakan tanpa fermentasi (pakan komersial 100%), dan empat perlakuan pakan fermentasi substrat campuran KK dan OS dengan 4 perbandingan yang berbeda, yakni 100%:0%, 75%:25%, 50%:50%, dan 25%:75%. Pemberian pakan komersial 100% (protein sejati 22,64% dan serat kasar 14,67%) memperlihatkan hasil terbaik pada pertumbuhan ikan nila dengan pertambahan bobot badan 3,96 g dan rasio konversi pakan 8,63. Sebaliknya, pemberian pakan fermentasi (protein sejati berkisar 7,96-20,27% dan serat kasar 14,14-18,47%) menghasilkan pertambahan bobot badan ikan pada kisaran 2,22-2,75 g dengan rasio konversi pakan 10,89-13,62. Dengan demikian pakan fermentasi tersebut mendorong pertumbuhan ikan nila namun masih kurang optimal jika dibandingkan dengan pakan komersial.

Kata Kunci: Rhizopus oryzae, Oreochromis niloticus, kulit daging buah kelapa, onggok singkong, fermentasi

INTRODUCTION

Feed makes up about 60-70% of total cost of fish production (Khasani 2013). Thus, in order to maximise profit, aquafeed utilization must be as economical as possible. In addition, technological solution that can enhance nutritional quality of abundant, cheap, and locally available feed stuffs is of highly important. Such technology would be widely adopted when highly applicable, inexpensive, and profitable to fish farmers, who are nowadays encouraged by Indonesian government policy of the so called "aquafeed self-sufficiency" movement or GERPARI. Initiated by Indonesian Ministry of Maritime Affairs and Fisheries, this program is aimed at establishing selfsufficiency in fish feed supply by utilization of locally available resources (Direktorat Perikanan Budidaya 2016).

Bioprocessing such as solid state fermentation of agroindustrial byproducts emploving the edible tempeh fungus *Rhizopus* spp. could be one of those appropriate technologies due to the fungus ability in enhancing nutritional gualities such as increasing protein (Canedo et al. 2016) and vitamin contents of the fermented substrates (Sriherwanto 2010), as well as reducing antinutritional components like mycotoxins (Varga et al. 2005). In addition, as the origin country of tempeh, Indonesia provides a resource for *Rhizopus* isolates as well as practical tempeh fermentation technology which could be adopted and further developed for animal feed production.

Typically used in the making of soybean tempeh, the fungi Rhizopus spp. have been experimented in the fermentation of other various substrates rich in plant biological materials intended for fish feed constituents. These include cassava bagasse (Antika et al. 2014), coconut meal (Usman et al. 2014; Palinggi et al. 2014b), cocoa husk (Pratama et al. 2015), coffee husk (Palinggi et al. 2014a), corn cob (Kamaruddin et al. 2014), okara (Mulia et al. 2015). water hvacinth (Nugraha and Mikdarullah 2016), Sesbania grandiflora leaf powder (Utami et al. 2012), coconut bagasse (Umam et al. 2015), palm kernel cake (Amri 2007), and whole bean grains (Valdez-González et al. 2017). Some of these fermented feedstuffs were already used experimentally either as a whole or supplemented in limited proportion in the diets of the test fishes.

In this experiment, solid state fermentation of mixed substrate consisting of coconut testa and cassava bagasse was carried out using *Rhizopus oryzae* as the fermenting agent to prepare floating fish feeds. The resulting fermented feeds were then fed to tilapia (*Oreochromis niloticus* L.) fries in order to study their effect on the fish growth. Commercial feed (Hi-Pro-Vite 781 floating feed, PT Central Proteina Prima Tbk (CP Prima) was used as control.

MATERIALS AND METHODS

Fermented feed preparation

Fermentation was carried out at the Feed Biotechnology Laboratory-BPPT, South Tangerang, Banten and the feed test in Tajurhalang, Bogor, West Java. Substrates used were rich in organic materials derived from agroindustrial activities, namely coconut testa (CT) and cassava bagasse (CB). The former consists of the thin brown skin layer clinging to the outside part of coconut (Cocos nucifera L.) meat, while the later is the solid leftover obtained from tapioca starch processing of cassava (Manihot esculenta Crant.) tuber. The two agroindustrial byproducts were mixed or combined in different ratios (Table 1), weighed out and sterilized at 121°C for 15 minutes. Having cooled down to ambient temperature, the substrates were added with inoculum powder of R. oryzae (3.3 \times 10^7 cfu/g) at the concentration of 1-1.5 g/100 g substrate, and moisturized to 70% using CIS[™] mineral solution containing nitrogen, sulphur, and phosphorus, potassium compounds. Subsequently, incubation was carried out at 28-30°C for 96-120 hours or

 Table 1. Ratio of coconut testa (CT) and cassava bagasse (CB) in fermentation substrate

Fermentation treatment	Percent ratio of mixed substrate				
1	100% CT	+	0% CB		
2	75% CT	+	25% CB		
3	50% CT	+	50% CB		
4	25% CT	+	75% CB		

until the substrate was visually transformed into cottony white cake having cheese-like texture. The cake was then diced into small cubes, approximately 5 mm per side, and dried at 50°C for 24 hours. The dried fermented feeds were then analysed for its moisture, fibre, fat, ash, and carbohydrate (Badan Standardisasi Nasional 1992), as well as true protein content (Sriherwanto 2010).

Feeding test

Feeding test on tilapia fries was undertaken in a completely randomized design with three replications per treatment. Five feeding treatments were carried out, one treatment using 100% non-fermented commercial feed, and the other four feeds treatments using prepared bv fermentation of mixed substrates combined in four different ratios of CT:CB, namely 100%:0%, 75%:25%, 50%:50%, and 25%:75%.

GIFT strain of Nile tilapia (*Oreochromis niloticus*) fries were obtained from Parung fish market, Bogor, and acclimatized for one week to feeding on the commercial feed inside aquarium environment in Tajurhalang, Bogor. Feeding was carried out three times daily, namely morning, noon, and afternoon. Half of the water volume was replaced daily with the fresh one for one week to keep the aquaria clean and reduce stress on the fishes. Post acclimatization, two month old, 5-7 g weighed fries were fasted for 24 hours, weighed out, and transferred into $35 \times 30 \times 30$ cm glass aquaria which were placed randomly and in apparently similar positions in a shaded house. Five fishes of similar sizes were reared for 60 days in each of the 15 aquaria containing 23 L water, aerated for 24 hour.

To maintain the aqueous environment quality during the feeding test, 50% of aquarium water was replaced every day. Fish survival was observed daily, while fish body weight and length was measured 10 times: at the beginning, at the end, and every seven days of the rearing period. Water temperature, dissolved oxygen (DO), and pH values were taken at the beginning and end of the feeding experiment. Feed was given three times a day as during acclimatization with a daily dosage of 5% of the fish body weight. Fish performance was evaluated by measuring the fish weight gain, survival rate, specific growth rate, feed conversion ratio (FCR), as well as protein efficiency ratio (PER).

RESULTS AND DISCUSSION

Fermented feed

The dried feeds prepared previously by solid fermentation of combined CT-CB substrate had different colours from each others, depending on the mixing ratios of CT:CB (Figure 1). Darker colour means higher



Figure 1. Commercial fish feed (A) and oven-dried fish feeds prepared by *R. oryzae* fermentation of CT-CB combined substrate mixed in different ratios of 100%:0% (B), 75%:25% (C), 50%:50% (D), and 25%:75% (E).



Figure 2. Proximate nutritional content of treatment feeds consisting of commercial feed and fermented feeds based on coconut testa (CT)-cassava bagasse (CB) mixture. All values were calculated in dry weight bases (with the exception of moisture content).

proportion of CT. All of them, though, had the ability to float on water. The non-uniform shapes and sizes of the fermented feed pellets prepared by fermentation was resulted from the manual hand-cutting of the fresh fermentation cake to reduce the size into small dices prior to oven drying. The dimension of the fermented feeds was also relatively bigger than the commercial feed.

All the feeds to be used for feeding tests were analysed for their moisture, ash, fibre, true protein, fat, and carbohydrate contents (Figure 2). Results showed that, for all of the feeds, both moisture and carbohydrate contents were within the FAO recommended values (FAO 2017).

The commercial feed contained the highest concentration of ash, indicating high content of mineral. Ash contents of all of the feeds were within SNI acceptable limit of maximum 13% (SNI 2006) or less than 16% FAO recommended level (FAO 2017).

Fat content was the lowest in the commercial feed, whereas the highest value of 44.98% was found in the fermented feed using 100% CT as the substrate. This result might not be surprising as the untreated CT could contain fat ranging from 34 to 63% (Appaiah et al. 2014) or even up to 76.8% (Zhang et al. 2016). With the exception of the commercial feed, the lipid contents in all fermented feeds were above the required minimum level of 5% set by Indonesian National Standardization Agency, SNI (SNI

2006). However, FAO sets a higher standard for crude lipid, which is at least 10-15% (FAO 2017), making the fat content of the commercial feed and the fermented 75%CT+25% CB substrate feed fell below the standard value.

Amongst the fermented feeds, highest content of protein (20.27%) was found when 75% CT + 25% CB substrate combination was used as the substrate. This value was slightly lower than the commercial feed value, which was 22.64%. Different from the result of this study, the manufacturer of the commercial feed claimed the protein content to be 31-33% (Prima 2016). This nearly 10 g weight difference might be attributed to different methods of protein quantification used. Using Kjeldahl method in this study, the true protein concentration was based on the total nitrogen determined content of trichloroaetic acid-precipitated sample which eliminated non-protein nitrogen-containing compounds. Thus, the manufacturer's version might refer to the crude protein contents which miaht inaccurately take into account all non-protein nitrogenous compounds contained in samples, hence the term "crude".

In any case, the protein contents of all the feeds used in this study (Figure 2) were still below the standard levels recommended by FAO, which is 28-50%, depending on the life stage of tilapia. Least protein content (28-30%) in feed is needed by tilapia in the last



Figure 3. Increase of body length of tilapias (*O. niloticus*) fed with commercial feed or *R. oryzae*-fermented feeds

stage of its rearing period, which is adult (>200 g body weight), whereas highest protein content is required by first feeding larvae (45-50%) and broodstock (40-45%) (FAO 2017).

The fibre contents of all the feeds analysed were very similar, ranging from 14 to 17%. These values were higher than the standard maximum values required by SNI for artificial fish feed (SNI 2006) as well as the maximum 8-10% set by FAO for tilapia feed (FAO 2017).

Feeding test

As demonstrated by the profiles of body length (Figure 3) and body weight (Figure 4), all tilapias showed similar growth pattern with commercial feed treatment giving the best growth performance. This indicated the superiority of commercial feed over the fermented feed. This was confirmed also by the values of absolute and relative weight gains (Table 2). This result was expected as the commercial feed contained the highest protein content (22.64%). The second best growing tilapia was that fed with the feed containing the second highest protein content (20.27%), namely the fermented feed based on 75% CT + 25% CB mixed substrate. This confirmed the significance of protein content in aquafish, especially during early life period.

The crude fibre contents of all the feeds used in this study were unlikely to be the main cause of the difference in the growth profiles of the tilapias. This was so since the fibre contents of all the test diets were very similar (Figure 2). Crude fibre is known to be poorly



Figure 4. Increase of body weigth of tilapias (O. *niloticus*) fed with commercial feed or *R. oryzae*-fermented feeds

digested by fish which lacks cellulolytic activity inside its digestive tract. One of the main components of crude fibre is classified as Non-Starch Polysaccharide (NSP) which was shown to negatively effect lipid digestion and absorption in Atlantic salmon. Nutrient availability was demonstrated to be impaired salmonids were fed when with diets containing NSP (Sinha et al. 2011). Previous study demonstrated that supplementing fish diet with alpha-cellulose at the level of 25% 40% decreased growth and feed and conversion efficiency of tilapia (Oreochromis niloticus) (Anderson et al. 1984). Thus, such negative effect of crude fibre might account for the very low specific growth rate of 0.47-0.76 (Table 2) of all tilapias tested in this study compared to previously reported values (Fitriadi et al. 2015; Ali et al. 2016; Abarra et al. 2017) in which much lower fibre-containing aquafeeds were used.

FCR values varies according to nutrition and physical quality of fish feeds, as well as environmental conditions such as production intensity, temperature, availability of natural feed, and other factors like genetics (New & Wijkström 2002). Varving the diets fed to the tilapias during the whole 60-day rearing period gave different FCR values (Table 3), with those of fermented feeds being lower than that of commercial This is an indication that the feed. commercial feed promoted relatively better growth than the fermented feeds.

It is interesting to note, however, that all the FCR values were not significantly

	Growth index (day 0-60)*				
Feed treatment	Initial Weight (g)	Final Weight (g)	Absolute weight gain (g)	Relative weight gain (%)	Specific growth rate (%)
100% commercial feed (non-fermented)	6.94 ± 0.26^{ab}	10.90 ± 0.33^{a}	3.96 ± 0.29 ^a	59.13 ± 5.67 ^a	0.76 ± 0.07^{a}
100% CT + 0% CB (fermented)	7.03 ± 0.29^{a}	9.24 ± 0.24^{b}	2.22 ± 0.35^{b}	34.72 ± 6.37^{b}	0.47 ± 0.09^{b}
75% CT + 25% CB (fermented)	$5.72 \pm 0.08^{\circ}$	7.96 ± 0.13^{c}	2.24 ± 0.17^{b}	39.60 ± 3.38^{b}	0.55 ± 0.12^{ab}
50% CT + 50% CB (fermented)	6.13 ± 0.09^{bc}	8.68 ± 0.27^{bc}	2.55 ± 0.27^{b}	41.76± 4.49 ^{ab}	0.57 ± 0.08^{ab}
25% CT + 75% CB (fermented)	7.62 ± 0.21 ^a	10.36 ± 0.31^{a}	2.75 ± 0.27^{b}	36.73 ± 3.83 ^b	0.51 ± 0.03^{b}

Table 2. Growth index of tilapia during the 60 days of rearing

Table 3. Feed conversion ratio, protein efficiency ratio and survival rate during the feeding test

	Feed conversion ratio (FCR) of*		Protein efficiency	Survival
Feed treatment -	day 0 to 60	day 20 to 60	ratio (PER)	rate 80.0%
100% commercial feed (non-fermented)	8.63 ± 0.43^{a}	29.40 ± 6.60 ^a	0.51 ± 0.03 ^a	
100% CT + 0% CB (fermented)	13.62 ± 1.43 ^b	25.78 ± 2.05 ^a	0.93 ± 0.10^{b}	60.0%
75% CT + 25% CB (fermented)	11.55 ± 1.40 ^{ab}	28.90 ± 1.41 ^a	0.44 ± 0.05 ^a	53.3%
50% CT + 50% CB (fermented)	10.89 ± 0.75^{ab}	32.04 ± 1.61 ^a	0.82 ± 0.06^{b}	73.3%
25% CT + 75% CB (fermented)	11.99 ± 0.38^{ab}	26.98 ± 2.23 ^a	1.05 ± 0.03 ^b	66.7%

*Mean values of the same superscript in the column show no significant difference by Tukey's post hoc test (p>0.05)

different when calculated in the period of day 20 to day 60 (Table 3). This was confirmed by the growth curves during that period which showed very similar slopes (Figure 4). This may imply that the fermented feeds could be used to replace completely the commercial feed in the later stage of the rearing period (from approximately week three to week eight). This result supports previous study in which carps were fed with fermented feeds prepared from rice bran-coconut bagasse mixed substrate (Umam et al. 2015). The authors found out that the FCRs in the week six to week eight of the fermented feeds had very close values to that of commercial feed.

Taken the values of weight gain and specific growth rate (Table 2), as well as increase in body weight profile (Figure 4), into consideration, feeding tilapias exclusively *R. oryzae*-fermented feeds, based on CT alone or in combination with

CB, resulted in poorer growth performance relative to those fed with the commercial feed. This could mean that fermented feed prepared from low quality agroindustrial byproducts could not be used exclusively as tilapia diet, but might be added as an ingredient or at limited inclusion level into the fish diet without adverse effect on the fish growth. This was demonstrated in previous studies, where tilapia diet could still be added at limited inclusion rates with Bacillusfermented Jatropha curcas seed meal (Hassaan et al. 2016), yeast-fermented canola meal (Plaipetch and Yakupitiyage 2014), and Trichoderma koningii-fermented palm kernel meal (Ng et al. 2002).

PER is a term used in feed industry to assess protein quality in feed as well as effectivity reference for protein sources. PER is determined mathematically by dividing the increase in body weight of the test animal

Measured Value	SNI Reference (2009)
4.8-7.4	6.5-8.5
26.8-27.4	25-32
8.8-9.2	≥ 3
	Value 4.8-7.4 26.8-27.4

Table 4.Water quality measured during tilapia
feeding experiment using the fermented
feeds

with the amount of the feed protein consumed during the feeding test period (Bhilave et al. 2011). Similar to previous report on PER (Umam et al. 2015), most fermented feeds prepared in this experiment resulted in PERs which were higher than that of the commercial feed. This results imply that, although the true protein contents were lower than that of the commercial feed, the fermented feeds might contain better quality amino acid composition than the commercial one. The profile of essential amino acid of *R. oryzae* had been shown to be of similar quality to that of FAO standard (Hamdy 2013).

Fermented organic materials added into fish diets at certain inclusion rates were reported by previous studies to enhance PER values. For example, fermented Leucaena leucocephala leaf powder was added as ingredient in red tilapia (Oreochromis niloticus) diets at the inclusion rates of 5%, 10% and 15%, resulting in the PERs of 1.39, 2.03, and 1.43, respectively. These values were higher than that of the control diet (unfermented L. leucocephala leaf), which was 1.27 (Restiningty as et al. 2015). This fermented feed supplementation seemed insignificant, but it did cause significant difference in PER values. indicating the quality of amino acid composition in the fermented samples being the possible reason. Indeed, it has been reported that DL-methionine addition into methionine-poor diets enhanced protein digestibility, body weight gain and feed efficiency of carps (Nwanna et al. 2012).

Survival rates varied amongst the fermented feed treated tilapias (Table 3), ranging from 53.3% to 73.3%, which are lower than that of commercial feed treated carps. These were below the standard values of minimum 75% (SNI 2009). Nutrient quality of the fermented feeds which was

lower than the commercial feeds might be responsible for this low survival rate.

Water quality (Table 4), including temperature and dissolved oxygen (DO) values were within the recommended values, except pH (SNI 2009). Low pH, which was below the recommended level of 6.5, might also account for the poor growth and survival rates of the tilapias, especially those fed with the fermented diets (Figure 3 and 4, Table 3).

CONCLUSION

Solid fermentation of CT-CB using R. oryzae produced floating fish feed having lower nutrition quality than that of the commercial floating feed. Tested in tilapia fish, the fermented feeds did promote growth fish but with poorer of the growth performance than that fed with the commercial feed. The former gave a specific growth rate of 0.47-0.57% (2.22-2.75 g absolute weight gain), whereas the later 0.76% (3.96 g absolute weight gain). Further studies need to be carried out using higher quality feedstuffs as fermentation substrate to obtain fermented feeds having nutritional contents, especially protein, similar to that of the commercial one.

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